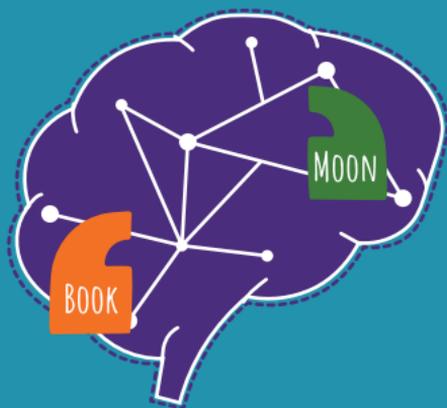


The Power of Parent Talk

EVERY WORD YOU SAY BUILDS YOUR CHILD'S BRAIN



When you talk and interact with your child, you build and strengthen connections in their brain. The more connections you build in the first 3 years, the stronger foundation they'll have for learning when they start school.

**How can you make the most of every interaction?
Use the 3Ts!**

Tune In

Be in the moment.

Talk More

Use a variety of words.

Take Turns

Engage your child in conversation.



ANY TIME IS 3Ts TIME

Start now! Here's how:

DURING A DAILY ROUTINE WITH YOUR CHILD, TALK ABOUT WHAT YOU'RE DOING AS YOU DO IT.

GO ON A WALK WITH YOUR CHILD AND POINT OUT SHAPES YOU SEE ALONG THE WAY.

RESPOND TO YOUR CHILD'S GESTURES AS IF THEY ARE WORDS.

DESCRIBE THE COLOR AND TEXTURE OF FOOD DURING MEALTIME.

FIND MORE TIPS AND TOOLS AT THE3TS.ORG