

Every diaper change is an opportunity to build your baby's brain.

Talk about what you're doing as you do it.

"It's time to change your diaper."

Give your child a play-by-play of the experience.

"Let's unsnap the onesie, 1 snap, 2 snaps, 3 snaps."



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Yay! You have a clean diaper.



Put words to what your baby is communicating.

"Oooh, the wipe is cold on your bottom."

Talk about how they're feeling.

"You're unhappy! You don't like getting your diaper changed."

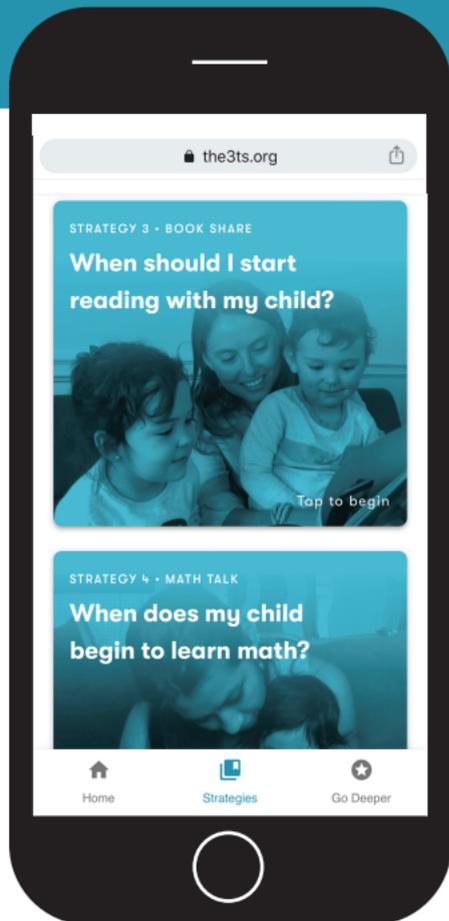
Count fingers, toes, or snaps.

"One leg in, two legs in. Pull up the pants."



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Discover new and easy ways to build your child's brain!



FREE
ONLINE
TOOL

ENGLISH OR
SPANISH

TUNE IN
TALK MORE
TAKE TURNS

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STRATEGIES

5-MINUTE
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